

Looking back at 2020

& some of our favorite responses..

Overcoming New Challenges

"Caring for my **daughter** full time instead of sending her to pre-school every day."

"Work/life balance lines got **very blurry** - trying to establish boundaries to keep myself **sane**."

"Living with my boyfriend - **HA!**"

"I struggled greatly with anxiety and depression throughout the year, but with some **support** and a lot of time spent working on myself I was able to **pull through** and come out **stronger**."

Lessons Learned About Ourselves

"That I am an extreme **homebody** and **introvert**."

"I've become more **skeptical** and less **gullible** about anything I read and hear in the media and politics"

"That I actually like my **coworkers** and miss them."

"I am **capable** of a lot more than I think I am - **physically, mentally, and emotionally**."

Looking Forward to 2021!

"Continuing to watch my **kids grow**, hanging out with friends in person, and **eating at a restaurant** at some point."

"Buying a **house!**"

"Traveling back home to **Senegal**."

"**Hugging** family and friends, dining out, and **traveling!**"

Self Reflection