







Schitt's Creek

Cobra Kai

The Queen's Gambit

**Tiger King** 

The Office

Honorable Mentions:

Married at First Sight The Morning Show Fleabag

Top Movies Watched in 2020

The Trial of the Chicago 7

Soul Parasite

Harry Potter

Mulan

Honorable Mentions: JoJo Rabbit

The Social Dilemma My Cousin Vinny Onward



Total number of baked banana bread loaves

what have we been up to? Newly Learned Skills + Hobbies

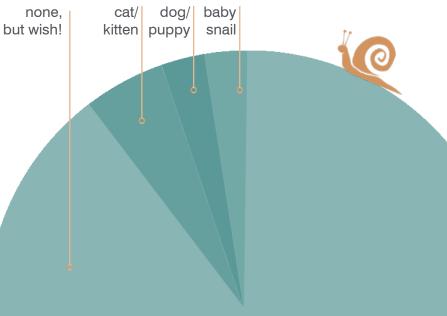
Meditation Making pizza dough from scratch De-fogging eye glasses Insanity fitness videos Making flaky pie crust Crafting fancy cocktails Knitting/Crochet Power lifting

## Companies/Brands you started to follow

The New York Times **AP** News Elves for Santa Touch of Modern **Real Designing Women** Spark Chicago Lincoln Project Ford Performance Some Good News

Quarantine Trends and Pop Culture





# pet adoptions

Some of us tackled at-home projects, such as... Painting walls

Finishing the basement Installing new light fixtures Remodeling attic Moving into a new home Cleaning out closets Updating bathroom fixtures Repairing door hinges **Refinishing floors** Replacing baseboards Purchasing new furniture Renovating backyard

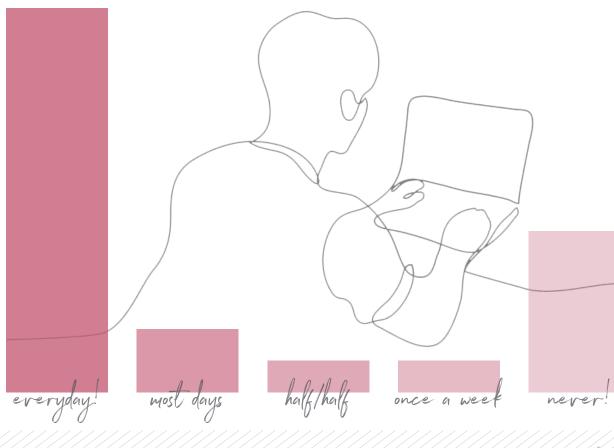


What surprised us while working remotely ... "I work more than usual." "How important sunlight really is." "How quickly I'd get used to it." "How much I missed going to the office."

"How loud my husband talks on the phone." "My dogs love eggs." "The fickleness of wifi." "That I'm just as efficient." "How much it's helped with my work/life balance." "How much more time I have with no commute." 'That I can't."

"Saving money on gas."

How often does Aria wear sweatpants while working remotely?



ercentage · ord Average number of times we

There's Do Place like Home

### **Best Cooked Quarantine Dishes**

Three Cheese Ravioli King Crab Legs Mushroom Lasagna Smoked Whole Turkey Tiramisu Chicken Alfredo Pizza Navy Bean Soup Lemon Basil Chicken Bangers and Mash **Poke Bowls** Crinkle Top Brownies Pesto Zuppa Toscana Taco Corn Bake **Burgers** Mushroom Swiss Chicken Stuffed Cauliflower

ria working from the

number of consecutive days spent inside

eout pe

Looking back at 2020 & some of our favorite responses...

Overcoming New Challenges

"Caring for my **daughter** full time instead of sending her to pre-school every day." "Work/life balance lines got very blurry - trying to establish boundaries to keep myself sane." "Living with my boyfriend - **HA**!"

"I struggled greatly with anxiety and depression throughout the year, but with some **Support** and a lot of time spent working on myself I was able to **pull through** and come out **Stronger**."

Lessons Learned About Ourselves

"That I am an extreme **homebody** and **introvert**." "I've become more **Skeptical** and less **guilible** about anything I read and hear in the media and politics" "That I actually like my **COWORKERS** and miss them." "I am capable of a lot more than I think I am - physically, mentally, and emotionally."

Looking Forward + 2021

"Continuing to watch my kids grow, hanging out with friends in person, and eating at a restaurant at some point." "Buying a **house**!" "Traveling back home to Senegal." "Hugging family and friends, dining out, and traveling!"

Self Reflection



ARIA GROUP ARCHITECTURE + design





Schitt's Creek Cobra Kai The Queen's Gambit Tiger King The Office

Honorable Mentions: Dark

Married at First Sight The Morning Show Fleabag

Top Movies Watched in 2020

The Trial of the Chicago 7

Soul

Parasite

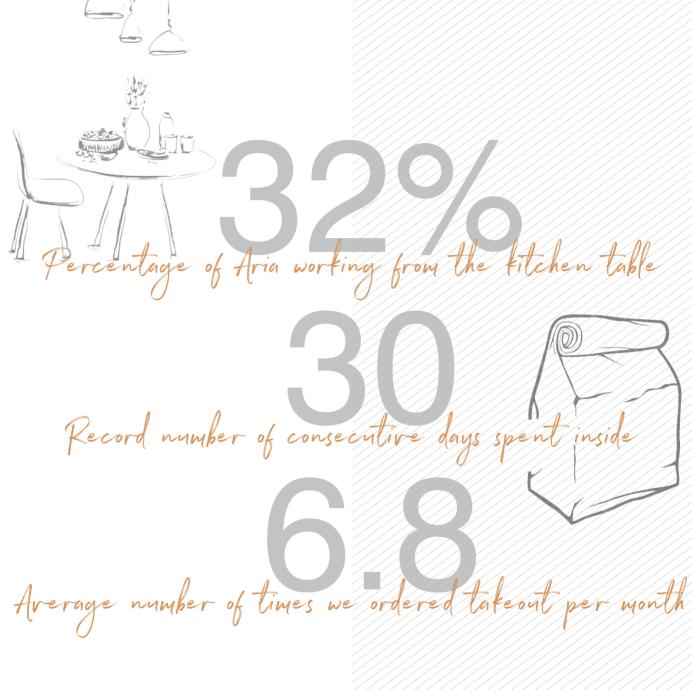
Harry Potter

Mulan

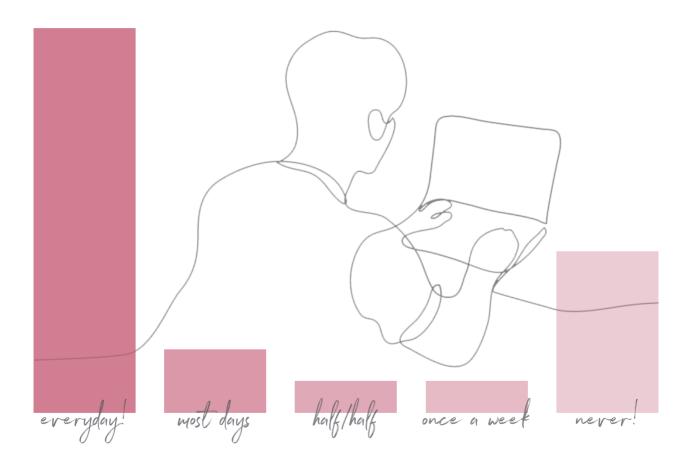


Honorable Mentions: JoJo Rabbit

JoJo Rabbit The Social Dilemma My Cousin Vinny Onward



How often does Aria wear sweatpants while working remotely?



Jotal number of baked banana bread loaves

Overcoming New Challenges

"Caring for my **daughter** full time instead of sending her to preschool every day."

"Work/life balance lines got **very blurry** - trying to establish boundaries to keep myself **sane**."

"Living with my boyfriend - HA!"

"I struggled greatly with anxiety and depression throughout the year, but with some **support** and a lot of time spent working on myself I was able to **pull through** and come out **stronger**."

Lessons learned About Ourselves

"That I am an extreme homebody and introvert."

"I've become more **skeptical** and less **gullible** about anything I read and hear in the media and politics"

"That I actually like my **coworkers** and miss them."

"I am **capable** of a lot more than I think I am - **physically**, **mentally**, and **emotionally**."

Looking Forward to 2021!

"Continuing to watch my **kids grow**, hanging out with friends in person, and **eating at a restaurant** at some point."

"Buying a **house**!"

"Traveling back home to **Senegal**."

"Hugging family and friends, dining out, and traveling!"